

# RELAX



## With Doggie Massage Therapy

By Kathy Thomack, Trained Canine Massage Provider

### Why should my dog get a massage?

Like people, dogs enjoy massage. Among other benefits, it relaxes them and promotes their general health and wellness. Most dogs are excellent candidates for massage, regardless of their age or activity level. Massage is beneficial to older dogs because it improves their blood circulation and tones muscles. It is also great for puppies, because it teaches them to accept touch, calms them, and assists their growing bones and muscles. Dogs with separation anxiety or other emotional difficulties often find massage calming and comforting. Of course, massage is also great for happy, healthy dogs, too.

### Massage offers a wide variety of benefits, including:

- Improved general health and well-being
- Relaxation and emotional calming
- Reduction of stress and separation anxiety
- Improved self-confidence
- Increased mental focus
- Aid in recovery from history of abuse or neglect
- Improved circulation of blood and lymphatic fluid
- Enhanced removal of waste and toxins
- Increased muscle flexibility
- Release of endorphins
- Pain reduction
- Injury prevention

Deluxe  
Doggie Massage

**\$25<sup>00</sup>**



...WHERE DOGS' DREAMS COME TRUE